

# The Fourth Sunday after the Epiphany Holy Eucharist Rite II

January 31, 2021 ~ 10:00 am

The Episcopal Church of St. Matthew, San Mateo

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*The people's responses are in bold.*

**Entrance Music:** Trio on the Morningstar Hymn

Gerhard Krapf

*The Celebrant says*

Blessed be God: Father, Son, and Holy Spirit.

*People*

**And blessed be God's kingdom, now and forever. Amen.**

*The Celebrant and People read together*

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

**Hymn of Praise 542** *Sung by all*

1 Christ is the world's true Light, its Cap-tain of sal - va - tion,  
2 In Christ all rac - es meet, their an-cient feuds for - get - ting,  
3 One Lord, in one great Name u - nite us all who own thee;

the Day - star clear and bright of ev - ery race and na - tion;  
the whole round world com - plete, from sun-rise to its set - ting;  
cast out our pride and shame that hin-der to en - throne thee;

new life, new hope a - wakes, for all who own his sway:  
 when Christ is throned as Lord all shall for - sake their fear,  
 the world has wait - ed long, has tra - vailed long in pain;

free - dom her bond - age breaks, and night is turned to day.  
 to plough-share beat the sword, to prun - ing - hook the spear.  
 to heal its an - cient wrong, come, Prince of Peace, and reign.

### The Collect of the Day

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### The Lessons

#### First Reading

Deuteronomy 18:15-20

*Reader* The Word of the Lord.  
*People* **Thanks be to God.**

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of

the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

**Psalm 111** *read responsively*

- 1 Hallelujah!  
I will give thanks to the Lord with my whole heart, \*  
in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the Lord! \*  
they are studied by all who delight in them.
- 3 His work is full of majesty and splendor, \*  
and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; \*  
the Lord is gracious and full of compassion.
- 5 He gives food to those who fear him; \*  
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works \*  
in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and justice; \*  
all his commandments are sure.
- 8 They stand fast for ever and ever, \*  
because they are done in truth and equity.
- 9 He sent redemption to his people;  
he commanded his covenant for ever; \*  
holy and awesome is his Name.
- 10 The fear of the Lord is the beginning of wisdom; \*  
those who act accordingly have a good understanding;  
his praise endures for ever.

## Second Reading

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

*Reader*           The Word of the Lord.

*People*            **Thanks be to God.**

**Sequence:** *all sing* the Celtic Alleluia

Cantor Verse:

A great prophet has risen in our midst,  
God has visited his people.

## Holy Gospel

Mark 1:21-28

*Celebrant*       The Holy Gospel of our Lord Jesus Christ according to Mark.

*People*           **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They

were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

*Celebrant*     The Gospel of the Lord.  
*People*        **Praise to you, Lord Christ.**

**Sermon**

The Rev. Jay Sapaen Watan

### **The Nicene Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## The Prayers of the People, Rite II, Form III

Father, we pray for your holy Catholic Church;  
*That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;  
*That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons;  
*That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world; especially Joe, our President, Kamala, our Vice-President, and Gavin, our Governor.  
*That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake;  
*That our works may find favor in your sight.*

We commend to your gracious care all members and families of our armed forces at home or abroad, our government employees serving overseas, and their families.

We pray for peace and justice in the world and for the members of our Church who are participating in the Sacred Ground series.

We pray for all victims and perpetrators of violence.

We pray for [ \_\_\_\_\_ and ] all those on our parish prayer list.

Have compassion on those who suffer from any grief or trouble; especially for those affected by the COVID-19 virus, for the first responders doctors and nurses and for their care-givers. We pray for those directing and distributing the vaccine in a timely manner.

*That they may be delivered from their distress.*

Give to the departed [ , especially \_\_\_\_\_ , ] eternal rest;  
*Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy;  
*May we also come to share in your heavenly kingdom.*

In the Anglican Cycle of Prayer, we remember the people and clergy of the Anglican Episcopal Church of Brazil.

Let us pray for our own needs and those of others.

*Silence; the People may add their own petitions.*

*The Celebrant adds a concluding Collect.*

## **Confession of Sin**

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*Celebrant*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

## **The Peace**

*Celebrant*     The peace of the Lord be always with you.  
*People*        **And also with you.**

## **Blessings**

Christian Carter ~ entering college

# The Holy Communion

## Offertory Sentence

## Offertory Hymn

487—Come, my Way, my Truth, my Life

1982 Hymnal



1 Come, my Way, my Truth, my Life: such a  
 2 Come, my Light, my Feast, my Strength: such a  
 3 Come, my Joy, my Love, my Heart: such a



way as gives us breath; such a truth as ends all  
 light as shows a feast; such a feast as mends in  
 joy as none can move; such a love as none can



strife; such a life as kill - eth death.  
 length; such a strength as makes \_\_\_\_\_ his guest.  
 part; such a heart as joys \_\_\_\_\_ in love.

*The Celebrant continues*

Eucharistic Prayer A, BCP p. 361

The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is said.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Sanctus 130 *sung by all*

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior  
Christ has taught us,  
we are bold to say,

*People and Celebrant*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread  
And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

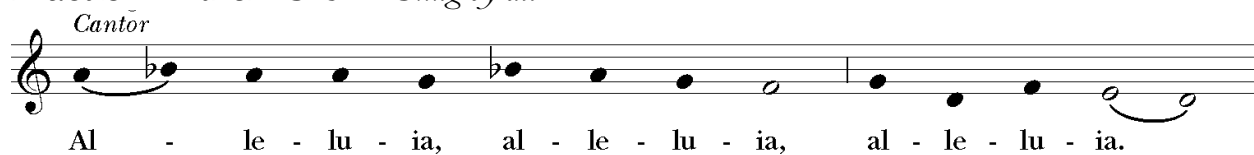
**For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

**The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

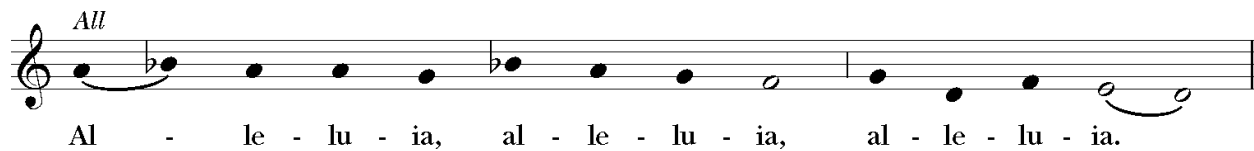
Fraction Anthem S151 *Sung by all*

*Cantor*



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

*All*



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

*Cantor*



Christ our Pass - o - ver is sac - ri - ficed for us; there - fore let us

*All*



keep the feast. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

*The Celebrant says*

The Gifts of God for the People of God

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

**Benediction**

**Announcements**

Closing Hymn: 485—Praise the Lord through every nation

1982 Hymn



1 Praise the Lord through ev - ery na - tion;  
2 Je - sus, Lord, our Cap - tain glo - rious,



his ho - ly arm hath wrought sal - va - tion; ex - alt him  
o'er sin, and death, and hell vic - to - rious, wis - dom and



on his Fa - ther's throne. Praise your King, ye Chris - tian  
might to thee be - long: we con - fess, pro - claim, a -



le - gions, who now pre - pares in heaven - ly re - gions  
dore thee; we bow the knee, we fall be - fore thee;



un - fail - ing man - sions for his own:  
thy love hence - forth shall be our song.



with voice and min - strel - sy ex - tol his ma - jes - ty:  
The cross mean - while we bear, the crown ere - long to wear:



Al - le - lu - ia! His praise shall sound all na - ture round,  
Al - le - lu - ia! Thy reign ex - tend world with - out end;



and hymns on ev - ery tongue a - bound.  
let praise from all to thee a - scend.

Dismissal

Postlude Music: Allegro on Welsh Tune Cwm Rhondda

Paul Manz

**This week we especially hold in our prayers...**

Alex Brammer, Elisabeth Fraser, Jennifer Hodges, Richard Holt,  
Tyler Holt, Linda Hyde, Prachee Jain, Leilani McCurdy, Doll McMillan,  
Naoma Stokely, Lauren Thurston, Angelica, Athena, Filiberto, John and Anita,  
Mary Lou, Molly, Pat, and Peter.

*We commend to your gracious care all members of our armed forces at home  
or abroad, as well as their families.*

We pray for the departed.

*The flowers decorating the high altar today are given to the Glory of God  
and in memory of  
Ronald F. Wippern*

**Service Notes**

Celebrant	The Rev. Dr. Eric Kimball Hinds
Preacher	The Rev. Jay Sapaen Watan
Precentor/Organist	Philip Keil
Singers	Members of the Chancel Choir
Altar Guild	Carol Kalb, Mary Quinlan
Altar Flowers	Diana Dykes
Videographer	Rowan Watan