



Day School Sunday
The Fifth Sunday
After the Epiphany
Holy Eucharist Rite II
February 7, 2021 ~ 10:00 am

The Episcopal Church of St. Matthew, San Mateo

The people's responses are in bold.

Entrance Music: Aria from the Notebook for Anna Magdalena

J. S. Bach

The Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People

And blessed be God's kingdom, now and forever. Amen.

The Celebrant and People read together

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Hymn of Praise 542—Christ is the World's True Light

1 Christ is the world's true Light, its Cap-tain of sal - va - tion,
2 In Christ all rac - es meet, their an-cient feuds for - get - ting,
3 One Lord, in one great Name u - nite us all who own thee;

the Day - star clear and bright of ev - ery race and na - tion;
the whole round world com - plete, from sun-rise to its set - ting;
cast out our pride and shame that hin - der to en - throne thee;

new life, new hope a - wakes, for all who own his sway:
when Christ is throned as Lord all shall for - sake their fear,
the world has wait - ed long, has tra - vailed long in pain;

free - dom her bond - age breaks, and night is turned to day.
to plough-share beat the sword, to prun - ing - hook the spear.
to heal its an - cient wrong, come, Prince of Peace, and reign.

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

School Prayer

Ralph Wales, Head of School

Leader: The Lord be with you.

All: **And also with you.**

Leader: Let us pray together the School Prayer.

All: O God, who created us in your image, and gave us minds and hearts and souls, send your blessing upon our school. May the flame of your spirit rest upon those who learn and those who teach, that our minds may know the truth, our hearts be filled with love, and our souls be like pearls before your throne; through Jesus Christ our Lord. Amen.

The Lessons

First Reading

Isaiah 40:21-31

Reader The Word of the Lord.

People **Thanks be to God.**

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain,
and spreads them like a tent to live in;

who brings princes to naught,
and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,

when he blows upon them, and they wither,
and the tempest carries them off like stubble.

To whom then will you compare me,
or who is my equal? says the Holy One.

Lift up your eyes on high and see:
Who created these?

He who brings out their host and numbers them,
calling them all by name;

because he is great in strength,
mighty in power,
not one is missing.

Why do you say, O Jacob,
and speak, O Israel,

"My way is hidden from the Lord,
and my right is disregarded by my God"?

Have you not known? Have you not heard?

The Lord is the everlasting God,
the Creator of the ends of the earth.

He does not faint or grow weary;
his understanding is unsearchable.

He gives power to the faint,
and strengthens the powerless.

Even youths will faint and be weary,
and the young will fall exhausted;

but those who wait for the Lord shall renew their strength,
they shall mount up with wings like eagles,

they shall run and not be weary,
they shall walk and not faint.

Psalm 147:1-12, 21c *read responsively*

- 1 Hallelujah!
How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!
- 2 The Lord rebuilds Jerusalem; *
he gathers the exiles of Israel.
- 3 He heals the brokenhearted *
and binds up their wounds.
- 4 He counts the number of the stars *
and calls them all by their names.

- 5 Great is our Lord and mighty in power; *
there is no limit to his wisdom.
- 6 The Lord lifts up the lowly, *
but casts the wicked to the ground.
- 7 Sing to the Lord with thanksgiving; *
make music to our God upon the harp.
- 8 He covers the heavens with clouds *
and prepares rain for the earth;
- 9 He makes grass to grow upon the mountains *
and green plants to serve mankind.
- 10 He provides food for flocks and herds *
and for the young ravens when they cry.
- 11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;
- 12 But the Lord has pleasure in those who fear him, *
in those who await his gracious favor.
- 21 Hallelujah!

Second Reading

1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.
People **Thanks be to God.**

Sequence: *all sing* the Celtic Alleluia

Cantor Verse:
Jesus proclaimed the Gospel of the kingdom
and cured every disease among the people.

Holy Gospel

Mark 1:29-39

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Sermon

The Rev. Amber Stancliffe-Evans

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,

true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People, Rite II, Form III

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world; especially
Joe, our President, Kamala, our Vice-President, and Gavin, our Governor.
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

We commend to your gracious care all members and families of our armed forces at home or abroad, our government employees serving overseas, and their families.

We pray for peace and justice in the world and for the members of our Church who are participating in the Sacred Ground series.

We pray for Black History Month honoring our brothers and sisters, who came before us.

We pray for all victims and perpetrators of violence.

We pray for [Arturo, Carol, Maria, Michael and Carmen, and] all those on our parish prayer list.

Have compassion on those who suffer from any grief or trouble; especially for those affected by the COVID-19 virus and for their caregivers.. We pray for the first responders, doctors and nurses.. We pray for those directing and distributing the vaccine in a timely and efficient manner.

That they may be delivered from their distress and given hope for the future.

Give to the departed [, especially _____ ,] eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

In the Anglican Cycle of Prayer, we remember the people and clergy of the Anglican Church of Burundi.

Let us pray for our own needs and those of others.

Silence; the People may add their own petitions.

The Celebrant adds a concluding Collect.

The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Blessings

Happy birthday

Paul Harris

The Holy Communion

Offertory Sentence

Offertory Hymn: LEVAS 230—Free at last

Soloists: Owen McInnis, Tim Catlin, Elana Cowen

Free at last, free at last, I thank God I'm

free at last. Free at last, free at last,

I thank God I'm free at last. O free at last.

1. 2. Fine

1. 'Way— down yon - der in the grave - yard walk, I thank God I'm
 2. On - a my knees— when the light pass'd by, I thank God I'm
 3. Some of these morn - ings, — bright and fair, I thank God I'm

D.C.

1. meet and talk, I thank God I'm free at last. O
 2. rise and fly, I thank God I'm free at last, O
 3. in the air, I thank God I'm free at last.

1. free at last, Me and my Je - sus goin' to
 2. free at last, Tho't my soul would
 3. free at last, Goin' meet King Je - sus

The Celebrant continues

Eucharistic Prayer A, BCP p. 361

The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

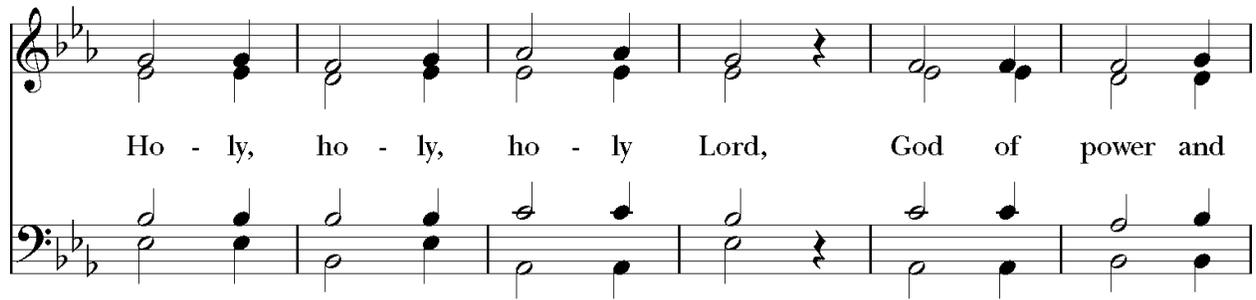
People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

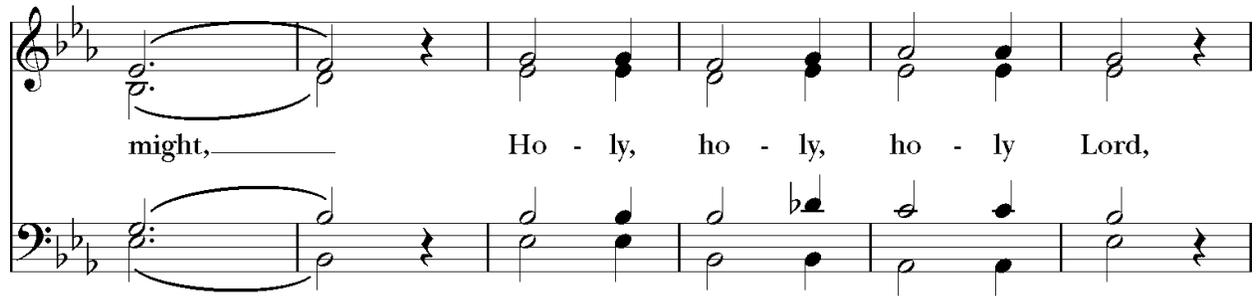
Here a Proper Preface is said.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

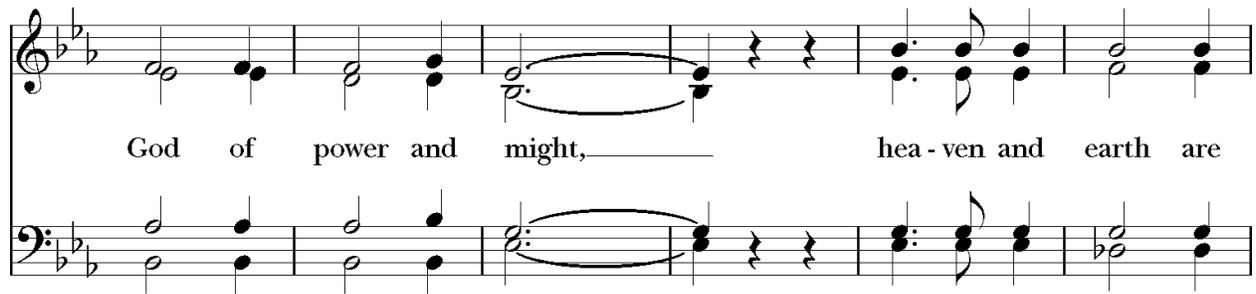
Sanctus 130 *sung by all*



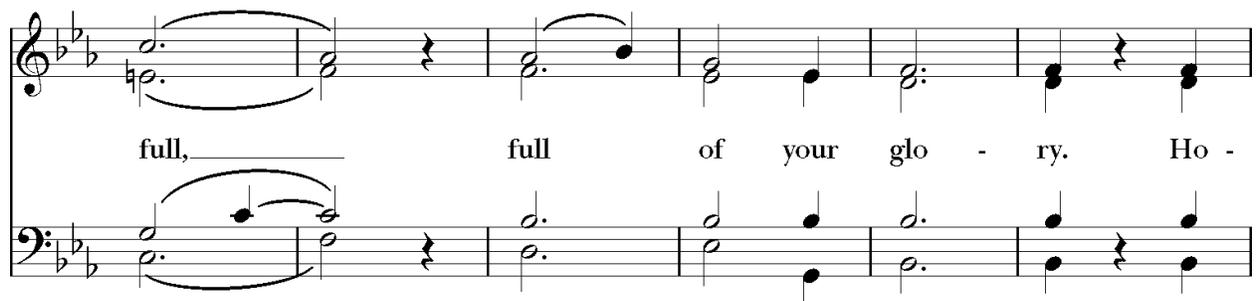
Ho - ly, ho - ly, ho - ly Lord, God of power and



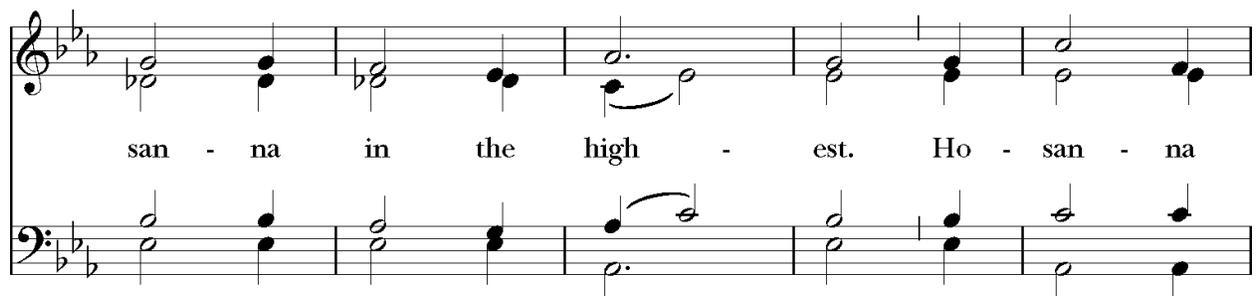
might, Ho - ly, ho - ly, ho - ly Lord,



God of power and might, hea - ven and earth are



full, full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior
Christ has taught us,
we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread
And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

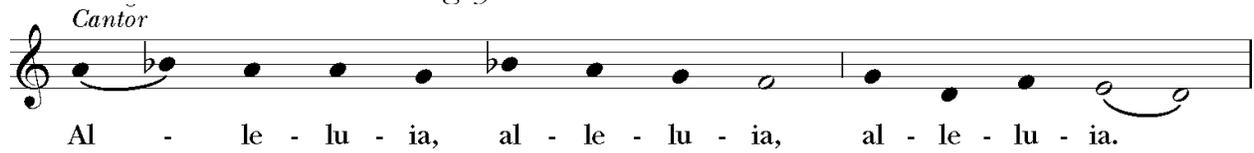
**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

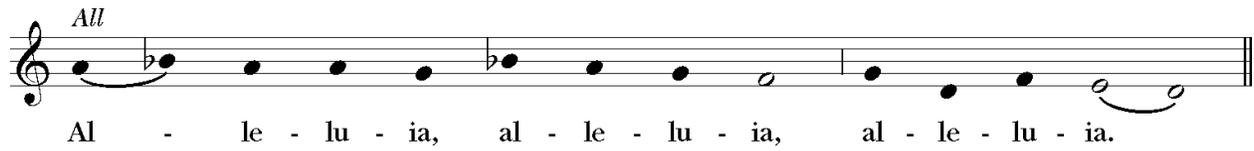
Fraction Anthem S151 *Sung by all*

Cantor



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

All



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Cantor



Christ our Pass - o - ver is sac - ri - ficed for us; there - fore let us

All



keep the feast. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

The Celebrant says

The Gifts of God for the People of God

After Communion, the Celebrant says

Let us pray.

Celebrant and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Benediction

Announcements

The Day School Hymn

647—I know not where the road will lead

1982 Hymnal

1 I know not where the road will lead I fol - low day by day,
2 And some I love have reached the end, but some with me may stay,
3 The count-less hosts lead on be - fore, I must not fear nor stray;

or where it ends: I on - ly know I walk the King's high - way.
their faith and hope still guid - ing me, I walk the King's high - way.
with them, the pil - grims of the faith, I walk the King's high - way.

I know not if the way is long, and no one else can say;
The way is truth, the way is love, for light and strength I pray,
Through light and dark the road leads on till dawns the end - less day,

but rough or smooth, up hill or down, I walk the King's high - way.
and through the years of life, to God I walk the King's high - way.
when I shall know why in this life I walk the King's high - way.

Dismissal

Postlude Music: Chorale from the Little Organ Book

J. S. Bach

This week we especially hold in our prayers...

Alex Brammer, Elisabeth Fraser, Jennifer Hodges, Richard Holt,
Tyler Holt, Linda Hyde, Prachee Jain, Carol Ludlow, Leilani McCurdy,
Doll McMillan, Maria and Carmen Rouse, Naoma Stokely, Lauren Thurston,
Angelica, Arturo, Athena, Filiberto, John and Anita,
Mary Lou, Michael, Molly, Pat, and Peter.

*We commend to your gracious care all members of our armed forces at home
or abroad, as well as their families.*

We pray for the departed.

*The flowers decorating the high altar today are given to the Glory of God
and in memory of
Judy Stephenson*

Service Notes

Celebrant	The Rev. Jay Sapaen Watan
Assisting Clergy	The Rev. Dr. Eric Kimball Hinds
Preacher	The Rev. Amber Stancliffe-Evans
Reader	Ralph Wales, Head of School
Precentor/Organist	Philip Keil
Singers	Members of the Chancel Choir
Altar Guild	Tom Doherty, Susan Peterson
Altar Flowers	Diana Dykes
Videographer	Rowan Watan